The Israelites wander in the wilderness, wondering if God has forgotten them.

A reading from the Book of Exodus: [17:1-7]

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

Psalm 78:1-4, 12-16

1 Hear my teaching, O my people; *

incline your ears to the words of my mouth.

2 I will open my mouth in a parable; *

I will declare the mysteries of ancient times.

3 That which we have heard and known,

and what our forefathers have told us, *

we will not hide from their children.

- 4 We will recount to generations to come the praiseworthy deeds and the power of the LORD, * and the wonderful works he has done.
- 12 He worked marvels in the sight of their forefathers, * in the land of Egypt, in the field of Zoan.
- 13 He split open the sea and let them pass through; * he made the waters stand up like walls.
- 14 He led them with a cloud by day, * and all the night through with a glow of fire.
- 15 He split the hard rocks in the wilderness * and gave them drink as from the great deep.
- 16 He brought streams out of the cliff, * and the waters gushed out like rivers.

Christians in Philippi are encouraged by the creed of Jesus Christ which the Apostle Paul shares in the body of his letter to them.

A reading from the Letter of Paul to the Philippians: [2:1-13]

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death--even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; for it is God who is at work in you, enabling you both to will and to work for his good pleasure.

The Word of the Lord.